




MENU 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Big Breakfast <small>7,11,12,13</small>	Chicken Korma <small>11</small>	Lasagne <small>13,14</small>	Roast Chicken Fillet, Stuffing and gravy <small>14</small>	Battered Fillet of fish <small>10,14</small>
Welsh Rarebit <small>2,12,14</small>	Pesto Pasta Homemade Bread <small>11,12,13,14</small>	Creamy Broccoli Bake <small>13,14</small>	Sage and Onion Loaf <small>13,14</small>	Vegetable Burger In a bun <small>14</small>
Potato Waffle	Pilau Rice	Garlic Bread <small>12,13,14</small>	Creamed Potatoes	Chips
Baked Beans Grilled Tomato	Peas and Sweetcorn	Mixed Salad Coleslaw <small>12</small>	Fresh Carrots Broccoli/Cauliflower	Peas Tomato salsa
Fresh Fruit or Yoghurt <small>13</small>	Oaty Fruit Cookie <small>14</small>	Fresh Fruit or Yoghurt <small>13</small>	Fruit Crumble and Custard <small>13,14</small>	Fresh Fruit or Yoghurt <small>13</small>

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY

													
1.CELERY	2.MUSTARD	3.SESAME	4.MOLLUSCS	5.LUPIN	6.NUTS	7.SOYA	8.PEANUTS	9.CRUSTACEAN	10.FISH	11.SULPHITES	12.EGGS	13.MILK	14.GLUTEN